

Nutrition Bar

A convenient and nutritious snack bar

Those with hectic lifestyles know how difficult it can be to maintain good eating habits on the run. **Nutrition Bars** are the answer. These flavorful, low-glycemic bars provide healthy carbohydrates, proteins, and fats so you can maintain the energy you need to get through the day.

Chocolate Fusion—Gluten Free

Imagine an irresistible chocolate snack bar that is actually healthy! That's what you get with this delectable addition to the line of **Nutrition Bars**. A Chocolate Fusion **Nutrition Bar** contains 12 grams of protein, 3 grams of fiber, and has a low glycemic index.

Peanut Butter Crunch—Gluten Free

With a chocolate coating and nutty center, Peanut Butter Crunch **Nutrition Bars** provide all of the benefits of soy protein with naturally occurring soy isoflavones. Soy protein contains all the essential amino acids for building a healthy body in optimal ratios and a highly digestible form.* Twenty-five grams of soy protein a day, as part of a diet low in saturated fat and cholesterol, may reduce the risk of heart disease. A Peanut Butter Crunch **Nutrition Bar** contains 10 grams of high-quality soy protein.

Oatmeal Raisin

With the goodness of whole-grain oats, oat bran, and raisins, Oatmeal Raisin **Nutrition Bars** are a healthy snack that tastes like a home-baked cookie. Soluble fiber, as part of a diet low in saturated fat and cholesterol, may reduce the risk of heart disease. Low-fat diets, rich in dietary fiber, may reduce the risk of some types of cancer, a disease associated with many factors. Each Oatmeal Raisin **Nutrition Bar** has 4 grams of dietary fiber and zero grams of trans fat.

Low-Glycemic Formula

Nutrition Bars are formulated to be low glycemic, controlling hunger throughout the day.*



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Foods
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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.