

DIRECTIONS: TAKE ONE (1) PACKET IN THE MORNING AND ONE (1) PACKET IN THE EVENING, PREFERABLY WITH MEALS.

Supplement Facts

SERVING SIZE: 1 PACKET

| | AMOUNT PER SERVING | %DV* |
|--|--------------------|-------|
| VITAMIN A (AS BETA CAROTENE) | 7,500 IU | 150% |
| VITAMIN C (AS CALCIUM, POTASSIUM, MAGNESIUM, AND ZINC ASCORBATES) | 650 mg | 1080% |
| VITAMIN D3 (AS CHOLECALCIFEROL) | 1000 IU | 250% |
| VITAMIN E (AS D-ALPHA TOCOPHERYL SUCCINATE) | 200 IU | 670% |
| VITAMIN K (AS PHYLOQUINONE) | 45 µg | 60% |
| THIAMIN (AS THIAMIN HCL) | 13.5 mg | 900% |
| RIBOFLAVIN | 13.5 mg | 790% |
| NIACIN (AS NIACIN AND NIACINAMIDE) | 20 mg | 100% |
| VITAMIN B6 (AS PYRIDOXINE HCL) | 16 mg | 800% |
| FOLATE (AS FOLIC ACID) | 500 µg | 130% |
| VITAMIN B12 (AS CYANOCOBALAMIN) | 100 µg | 1670% |
| BIOTIN | 150 µg | 50% |
| PANTOTHENIC ACID (AS D-CALCIUM PANTOTHENATE) | 45 mg | 450% |
| CALCIUM (AS CALCIUM CITRATE AND CARBONATE) | 335 mg | 35% |
| IODINE (AS POTASSIUM IODIDE) | 150 µg | 100% |
| MAGNESIUM (AS MAGNESIUM CITRATE, AMINO ACID CHELATE, AND OXIDE) | 250 mg | 60% |
| ZINC (AS ZINC CITRATE) | 10 mg | 70% |
| SELENIUM (AS L-SELENOMETHIONINE AND AMINO ACID COMPLEX) | 100 µg | 140% |
| COPPER (AS COPPER GLUCONATE) | 1 mg | 50% |
| MANGANESE (AS MANGANESE GLUCONATE) | 2.5 mg | 130% |
| CHROMIUM (AS CHROMIUM POLYNICOTINATE AND PICOLINATE**) | 150 µg | 130% |
| MOLYBDENUM (AS MOLYBDENUM CITRATE) | 25 µg | 35% |
| OLIVOL® (OLIVE EXTRACT, <i>OLEA EUROPAEA</i> L., FRUIT)*** | 15 mg | † |
| BIOFLAVONOID COMPLEX (RUTIN, GREEN TEA EXTRACT-DECAFFEINATED [<i>CAMELLIA SINENSIS</i> HUNT, LEAVES], QUERCETIN, HESPERIDIN [<i>CITRUS</i> SPP: L., FRUIT], POMEGRANATE EXTRACT [<i>PUNICA GRANATUM</i> L., FRUIT], CINNAMON EXTRACT [<i>CINNAMOMUM CASSIA</i> L., BARK], BILBERRY EXTRACT [<i>VACCINIUM MYRTILLUS</i> L., FRUIT]) | 99 mg | † |
| MIXED NATURAL TOCOPHEROLS (D-GAMMA, D-DELTA, D-BETA TOCOPHEROL) | 17 mg | † |
| INOSITOL | 75 mg | † |
| CHOLINE BITARTRATE | 50 mg | † |
| N-ACETYL L-CYSTEINE | 50 mg | † |
| BROMELAIN | 25 mg | † |
| ALPHA LIPOIC ACID | 100 mg | † |
| COENZYME Q10 | 6 mg | † |
| TURMERIC EXTRACT (<i>CURCUMA LONGA</i> L., ROOT) | 7.5 mg | † |
| LUTEIN (<i>ZAGETES ERECTA</i> L., FLOWER) | 300 µg | † |
| LYCOPENE | 500 µg | † |
| GRAPE SEED EXTRACT (<i>VITIS VINIFERA</i> L., SEEDS) | 45 mg | † |
| BROCCOLI CONCENTRATE (<i>BRASSICA OLERACEA</i> v. <i>BOTRYTIS</i> L., FLOWER) | 7.5 mg | † |
| RESVERATROL (<i>POLYGONUM CUSPIDATUM</i> SIEB. & ZUCC., ROOT AND RHIZOME) | 15 mg | † |
| BORON (AS BORON CITRATE) | 1.83 mg | † |
| SILICON (AS SILICON AMINO ACID COMPLEX) | 4.25 mg | † |
| VANADIUM (AS VANADIUM CITRATE) | 20 µg | † |
| ULTRA TRACE MINERALS | 1.5 mg | † |

*Percent Daily Value is based on a 2,000 calorie diet. †Daily value not established.

**Licensed under U.S. Patent 4,315,927

***Olivol is a trademark of USANA Health Sciences, Inc., protected under US Patents 6,358,542 or 6,361,803

OTHER INGREDIENTS: MICROCRYSTALLINE CELLULOSE, PREGELATINIZED STARCH, CROSCARMELOSE SODIUM, MODIFIED CELLULOSE, ASCORBYL PALMITATE, DEXTRIN, SILICON DIOXIDE, SODIUM CITRATE, DEXTROSE, SOY LECITHIN, VANILLA EXTRACT.

LABORATORY TESTED, QUALITY GUARANTEED. MEETS USP SPECIFICATIONS FOR POTENCY, UNIFORMITY, AND DISINTEGRATION, WHERE APPLICABLE.

KEEP OUT OF REACH OF CHILDREN. CONSULT YOUR PHYSICIAN IF YOU ARE PREGNANT, NURSING, TAKING A PRESCRIPTION DRUG, OR HAVE A MEDICAL CONDITION.