

DIRECTIONS FOR USE: ADULTS TAKE ½ TO 2 DISSOLVABLE TABLETS AS NEEDED
ONE HOUR BEFORE BEDTIME FOR RELIEF OF OCCASIONAL SLEEPLESSNESS*.

Supplement Facts

Serving Size 1 Tablet



	AMOUNT PER SERVING	%DV*
		
MELATONIN	2.0mg	†
		

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

OTHER INGREDIENTS: FRUCTOSE, ASCORBYL PALMITATE, SILICON DIOXIDE,
NATURAL ORANGE FLAVOR.

**LABORATORY TESTED, QUALITY GUARANTEED. MEETS USP SPECIFICATIONS
FOR POTENCY, UNIFORMITY, AND DISINTEGRATION WHERE APPLICABLE.**

**KEEP OUT OF REACH OF CHILDREN. CONSULT YOUR PHYSICIAN IF YOU ARE
PREGNANT, NURSING, TAKING A PRESCRIPTION DRUG, OR HAVE A MEDICAL
CONDITION.**

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